

Arctic Midnight Orienteering July 2 - 5 2014

Orienteering competitions in magnificent Greenland nature

EVENT PROGRAMME

Reviewed: 30.06.2014

The terrain is situated at the city of Ilulissat with a view of the Kangia (Ilulissat Ice Fiord) and the Disko Bay. It is an open, hilly area with bare rock, stones or topsoil covered with moss, lichen, crowberry, heather and grass. At this time of the year there is daylight 24 hours per day. The temperature will normally be between +5 and +15 °C. The maps are orienteering maps based on photogrammetry in scale 1:10,000, (sprint courses are 1:4,000). Contour interval is 5 meters.

The following races will be available:

NORTH GREENLAND CHAMPIONSHIP on Wednesday, July 2

Long distance

First start at 5 pm.

Classes and course length:

Children	M -12	2,2 km-medium	W -12	2,2 km-medium
Junior	M 13-16	4,0 km-medium/difficult	W 13-16	4,0 km-medium/difficult
Youth	M 17-20	5,7 km-difficult	W 17-20	5,7 km-difficult
Senior	M 21-34	7,8 km-difficult	W 21-34	6,8 km-difficult
Oldboys/-girls	M 35-49	6,8 km-difficult	W 35-49	6,0 km-difficult
Very oldboys/-girls	M 50-59	6,0 km-difficult	W 50-59	4,6 km-difficult
Really oldboys/-girls	M 60 -	4,6 km-difficult	W 60 -	3,7 km-difficult

Open Course (Free enrolment) 5,7 km. - difficult

Assembly area, start and finish: At the Old Heliport, (further details will be shown on a map at the Event Centre).

SPRINT in Ilulissat town on Thursday, July 3

First start at 7 pm.

Classes and course length:

Children	M -12	1,8 km	W -12	1,8 km
Junior	M 13-16	1,8 km	W 13-16	1,8 km
Ungdom	M 17-20	3,1 km	W 17-20	3,1 km
Senior	M 21-34	3,1 km	W 21-34	3,1 km
Oldboys/-girls	M 35-49	3,1 km	W 35-49	3,1 km
Very oldboys/-girls	M 50-59	2,6 km	W 50-59	2,6 km
Really oldboys/-girls	M 60 -	2,6 km	W 60 -	2,6 km

Open Course (Free enrolment) 2,6 km.

Assembly area, start and finish: Assembly area, start and finish: In front of Ilulissat Sport Centre (Ilulissat Hallen).

ARCTIC MIDNIGHT ORIENTEERING on Friday / Saturday, July 4 – 5.

Joint start at 11 pm on Friday, July 4.

Courses and approx. course length:

Course 1	19,9 km. – difficult	Climbning: 980 metre
Course 2	15,8 km. – difficult	Climbning: 810 metre
Course 3	10,7 km. – difficult	Climbning: 530 metre
Course 4	5,1 km. - medium/difficult	Climbning: 220 metre

There is a free course choice.

Assembly area and finish: Ilulissat Sport Centre (Ilulissat Hallen).

Start: At Qilakitsup Paava in the eastern part of town.

From Elisabeth Thomsenip Aqq. and Qoororsup Aqq. is the Event place visible by IOG flag.

Arctic Midnight Orienteering Run is an individual event with a touch of the extreme. It takes place in a very physically demanding terrain during the arctic night in a nearly deserted but grandiose scenery with no trees and a lot of bare rock. Head lamps are not needed due to the midnight sun.

Rules for signing up

North Greenland Championship and Sprint:

You are permitted to enter a stronger class than the one you are entitled to. E.g. younger competitors may start in older class up to M/W 21-34. Likewise, older competitors are allowed to start in younger class up to M/W 21-34. In class M- and W-12 is shading permitted.

Arctic Midnight Orienteering:

There is a free course choice and running in groups is permitted. Children below 14 year have to run together with adults.

In case of few competitors in a class/course it may be merged with another.

The open courses are intended for new or untrained participants. The open courses are not included in the competitions.

Timing System

Sportident.

Own SI Card can be used, or you can hire a SI Card from IOG for 10. - DKK for the 3 runs.

Lost SI Card, if hired, replaced with DKK 200.-.

Event Centre

Is situated at the Art Gallery (Kunstmuseet), Aron Mathiesenip Appuserna no. 7.

Open daily between 1 pm and 2 pm in the period July 1 – 4.

Shower facility and changing

After each run it is possible for a shower in the Ilulissat Sports Centre.

Fee (DKK)

Fee for all three runs Junior (age up to 20): DKK 150.- Senior (age 21 and older): DKK 300.-

Fee for the individual runs

North Greenland Championship Junior (age up to 20): DKK 75.- Senior (age 21 and older): DKK 150.-

Sprint Junior (age up to 20): DKK 40.- Senior (age 21 and older): DKK 80.-

Arctic Midnight Orienteering Junior (age up to 20): DKK 75.- Senior (age 21 and older): DKK 150.-

Gala Night (Fee excl. drinks) Free of charge if you bring a dish to the common buffet, otherwise the fee is DKK 250.- (Contact Event Centre for details).

Closing date for signing up

Signing up until June 25 2014 on entry form (See the form on www.iog.gl).

Payment

Bank money transfer no later than June 25, 2014 to:

GroenlandsBANKEN A/S

Postbox 1504

DK-3952 Ilulissat Greenland

Account no. 6471 7713735

Swiftcode: GRENLGX

IBAN no. GL 6464710007713735

Or by cash to the club.

Late signing up

Eventual signing up after June 25 2014 must DKK 50. - be added.

Start lists and instructions

Will be posted at the Event Centre on July 1.

Rules for participation

The event is open for everybody.

Awards

North Greenland Championship (GM)	Gold, silver and bronze in all course categories, and award to the eventual winner of each class which can't get a GM title.
Sprint:	Awards to 3 best placed W and M in each class.
Arctic Midnight Orienteering:	Awards to 3 best placed W and M in each course.

Award ceremonies

North Greenland Championship:	Immediately after the run.
Sprint:	Immediately after the run.
Arctic Midnight Orienteering:	On Gala Night.

GALA NIGHT on Saturday, July 5

For all participants, officials and friends.

Location: Clubhouse of ISP (Ilulissat Ski Club), Sisorafik 35.

The party begins at 6 pm and includes dinner, award ceremonies and various entertainment,

The party will be influenced by Greenlandic traditions.

Participant fee excl. drinks: Free of charge if you bring a dish to the common buffet, otherwise the fee is DKK 250.-, (Contact Event Centre for details).

Event management

Event manager and Course planners: Team consisting of experienced orienteers from IOG and from Denmark.

Additional Information

Contact event manager:

E-mail: iog.ilulissat@mail.dk,

Homepage: www.iog.gl

Ilulissat Orienteering Greenland

November 2013

Rev. 30.06.2014