

Arctic Midnight Orienteering

June 28 to July 1 2017

Orienteering competitions in magnificent Greenland nature

EVENT PROGRAMME

REVISION: JUNE 24, 2017

The terrain is situated at the city of Ilulissat with a view of the Kangia (Ilulissat Ice Fiord) and the Disko Bay. It is an open, hilly area with bare rock, stones or topsoil covered with moss, lichen, crowberry, heather and grass. At this time of the year there is daylight 24 hours per day. The temperature will normally be between +5 and +15 °C. The maps are orienteering maps based on photogrammetry in scale 1:10,000 and 1:15,000. Contour interval is 5 meters.

The following races will be available:

LONG DISTANCE on Wednesday, June 28

Long distance.

First start at 7 pm.

Classes, course length and approx. climbing.

Junior	M 13-16	3.6 km-medium/difficult	Climbning: 60 metre
	W 13-16	3.6 km-medium/difficult	Climbning: 60 metre
Youth	M 17-20	3.6 km-medium/difficult	Climbning: 60 metre
	W 17-20	3.6 km-medium/difficult	Climbning: 60 metre
Senior	M 21-34	7.7 km-difficult	Climbning: 180 metre
	W 21-34	6.8 km-difficult	Climbning: 150 metre
Oldboys/-girls	M 35-49	6.8 km-difficult	Climbning: 150 metre
	W 35-49	5.7 km-difficult	Climbning: 130 metre
Very oldboys/-girls	M 50-59	5.7 km-difficult	Climbning: 130 metre
	W 50-59	4.4 km-difficult	Climbning: 110 metre
Really oldboys/-girls	M 60 -	4.4 km-difficult	Climbning: 110 metre
	W 60 -	3.6 km-difficult	Climbning: 70 metre
Open Course (Free enrolment)		3.6 km-medium/difficult	Climbning: 60 metre

Assembly area and finish: 250 metre south of Ilulissat Airport building.

Start: 350 metre from the assembly area. Transport by bus from Ilulissat To Assembly area will be arranged, see more details in the instruction.

SPRINT in Ilulissat town on Thursday, June 2

First start at 7 pm.

Classes and course length:

Children	M -12	1.8 km	W -12	1.8 km
Junior	M 13-16	1.8 km	W 13-16	1.8 km
Ungdom	M 17-20	3.2 km	W 17-20	3.3 km
Senior	M 21-34	3.2 km	W 21-34	3.2 km
Oldboys/-girls	M 35-49	3.2 km	W 35-49	3.2 km
Very oldboys/-girls	M 50-59	2,5 km	W 50-59	2,5 km
Really oldboys/-girls	M 60 -	2,5 km	W 60 -	2,5 km
Open Course (Free enrolment)		2,5 km.		

Assembly area, start and finish: The area in front of Ilulissat Sport Centre (Ilulissat Hallen).

ARCTIC MIDNIGHT ORIENTEERING on Friday / Saturday, June 30 – July 1

Joint start at 11 pm on Friday, July 1.

Courses and approx. course length:

Course 1	20.5 km. – difficult	Climbning: 1.000 metre
Course 2	15.5 km. – difficult	Climbning: 700 metre
Course 3	10.5 km. – difficult	Climbning: 450 metre
Course 4	6.8 km.-- difficult	Climbning: 350 metre

Start: 400 metre southeast of Itisuarsuup Qinnua / Hollænderhavnen (Approx.1000 metre south of Ilulissat Airport. Transport by bus from Ilulissat To start will be arranged, see more details in the instruction.

Assembly area and finish: At the community home 50 metre west of Ilulissat Sport Centre (Ilulissat Hallen).

Arctic Midnight Orienteering Run is an individual event with a touch of the extreme. It takes place in a very physically demanding terrain during the arctic night in a nearly deserted but grandiose scenery with no trees and a lot of bare rock. Head lamps are not needed due to the midnight sun.

Rules for signing up

Long distance and Sprint:

You are permitted to enter a stronger class than the one you are entitled to. E.g. younger competitors may start in older class up to M/W 21-34. Likewise, older competitors are allowed to start in younger class up to M/W 21-34. In class M- and W-12 is shading permitted.

Arctic Midnight Orienteering:

There is a free course choice and running in groups is permitted. Children below 14 year have to run together with adults.

In case of few competitors in a class/course it may be merged with another.

The open courses are intended for new or untrained participants. The open courses are not included in the competitions.

Timing System

Sportident.

Own SI Card can be used, or you can hire a SI Card from IOG for 10. - DKK for the 3 runs.

Lost SI Card, if hired, replaced with DKK 400.-.

Event Centre

Is situated at the Art Gallery (Kunstmuseet), Aron Mathiesenip Appuserna no. 7.

Open daily between 1 pm and 2 pm in the period June 27 to July 1.

Shower facility and changing

After each run it is possible for a shower in the Ilulissat Sports Centre.

Fee (DKK)

Fee for all three runs Junior (age up to 20): DKK 150.- Senior (age 21 and older): DKK 350.-

Fee for the individual runs

Long distance Junior (age up to 20): DKK 75.- Senior (age 21 and older): DKK 175.-

Sprint Junior (age up to 20): DKK 50.- Senior (age 21 and older): DKK 100.-

Arctic Midnight Orienteering Junior (age up to 20): DKK 75.- Senior (age 21 and older): DKK 175.-

Gala Night (Fee excl. drinks) DKK 250.-

Closing date for signing up

Signing up until June 20 2017 on entry form (See the form on www.ioq.gl).

Payment

Bank money transfer no later than June 20 2017 to:

GroenlandsBANKEN A/S
Postbox 1504
DK-3952 Ilulissat Greenland
Account no. 64717713735
Swiftcode: GRENLGX
IBAN no. GL 6464710007713735

Or by cash to the club.

Any transfer fee related to the payment must be paid by the participant

Late signing up

Eventual signing up after June 20 2017 must DKK 50. - be added.

Start lists and instructions

Will be posted at the Event Centre on June 27.

Rules for participation

The event is open for all.

Awards

Long distance: Gold-, silver- and bronze medals in all course categories.
Sprint: Gold-, silver- and bronze medals in all course categories.
Arctic Midnight Orienteering: Awards to 3 best placed W and M in each course.

Award ceremonies

Long distance : Immediately after the run.
Sprint: Immediately after the run.
Arctic Midnight Orienteering: On Gala Night.

GALA NIGHT on Saturday, July 1

For all participants, officials and friends.

Location: Kulturhallen Sermemiut close by Ilulissat Sport Centre (Ilulissat Hallen).

The party begins at 6 pm and includes dinner, award ceremonies and various entertainment,

The party will be influenced by Greenlandic traditions.

Participant fee excl. drinks: Free of charge if you bring a dish to the common buffet, otherwise the participant fee is DKK 250.- excl. drinks. (Contact Event Centre for details).

Event management

Event manager and Course planners: Team consisting of experienced orienteer from IOG and from Denmark.

Additional Information

Contact event manager:

E-mail: iog.ilulissat@mail.dk,

Homepage: www.iog.gl

Ilulissat Orienteering Greenland
July 2016 / Revised June 24 2017.