

# Arctic Midnight Orienteering June 26-29 2019

Orienteering competitions in magnificent Greenland nature

## EVENT PROGRAMME

The terrain is situated at the city of Ilulissat with a view of the Kangia (Ilulissat Ice Fiord) and the Disko Bay. It is an open, hilly area with bare rock, stones or topsoil covered with moss, lichen, crowberry, heather and grass. At this time of the year there is daylight 24 hours per day. The temperature will normally be between +5 and +15 °C. The maps are orienteering maps based on photogrammetry in scale 1:10,000 and 1:15,000. Contour interval is 5 meters.

The following races will be available:

### LONG DISTANCE on Wednesday, June 26

First start at 7 pm.

Classes and course length:

Children	M/W -12	2-3 km. - easy/medium	
Junior	M/W 13-16	4-5 km. - medium/difficult	
Youth	M/W 17-20	5-7 km. - medium/difficult	
Senior	M 21-34	7-9 km – difficult	W 21-34 6-8 km – difficult
Oldboys/-girls	M 35-49	6-8 km – difficult	W 35-49 5-7 km – difficult
Very oldboys/-girls	M 50-59	5-7 km – difficult	W 50-59 4-5 km – difficult
Really oldboys/-girls	M 60-	4-5 km - difficult	W 60- 3-4 km – difficult
Open Course (Free enrolment)		5-7 km – medium/difficult	

Assembly area, start and finish: Will be announced in the Instruction.

### SPRINT in Ilulissat town on Thursday, June 28

First start at 7 pm.

Classes and course length:

Children	M/W -12	1.5 - 2.0 km.
Junior	M/W 13-16	1.5 – 2.0 km.
Youth	M/W 17-20	2.5 – 3.5 km.
Senior	M/W 21-34	2.5 – 3.5 km.
Oldboys/-girls	M/W 35-49	2.5 – 3.5 km.
Very oldboys/-girls	M/W 50-59	2.0 – 3.0 km.
Really oldboys/-girls	M/W 60-	2.0 – 3.0 km.
Open Course (Free enrolment)		1.5 – 2.0 km.

Assembly area, start and finish: Will be announced in the Instruction.

### ARCTIC MIDNIGHT ORIENTEERING on Friday / Saturday, June 28-29

Joint start at 11 pm on Friday, June 28.

Courses, course length and climbing:

Course 1	Ca. 20 km. - difficult	Climbing: Will be announced in the Instruction.
Course 2	Ca. 15 km. - difficult	Climbing: Will be announced in the Instruction.
Course 3	Ca. 10 km. - difficult	Climbing: Will be announced in the Instruction.
Course 4	Ca. 5 km. - difficult	Climbing: Will be announced in the Instruction.

Assembly area, start and finish: Will be announced in the Instruction.

Arctic Midnight Orienteering Run is an individual event with a touch of the extreme. It takes place in a very physically demanding terrain during the arctic night in a nearly deserted but grandiose scenery with no trees and a lot of bare rock. Head lamps are not needed due to the midnight sun.

## Rules for signing up

### Long distance and Sprint:

You are permitted to enter a stronger class than the one you are entitled to. E.g. younger competitors may start in older class up to M/W 21-34. Likewise, older competitors are allowed to start in younger class up to M/W 21-34. In class M- and W-12 is shading permitted.

### Arctic Midnight Orienteering:

There is a free course choice and running in groups is permitted. Children below 14 year have to run together with adults.

In case of few competitors in a class/course it may be merged with another.

The open courses are intended for new or untrained participants. The open courses are not included in the competitions.

## Timing System

Sportident.

Own SI Card can be used, or you can hire a SI Card from IOG for 10. - DKK for the 3 runs.

Lost SI Card, if hired, replaced with DKK 400.-.

## Event Centre

Is situated at the Art Gallery (Kunstmuseet), Aron Mathiesenip Appuserna no. 7.

Open daily between 1 pm and 2 pm in the period June 25-29.

## Shower facility and changing

After each run it is possible for a shower in the Ilulissat Sports Centre.

## Fee (DKK)

Fee for all three runs                      Junior (age up to 20): DKK 150.-    Senior (age 21 and older): DKK 350.-

Fee for the individual runs

Long distance                      Junior (age up to 20): DKK 75.-    Senior (age 21 and older): DKK 175.-

Sprint                      Junior (age up to 20): DKK 50.-    Senior (age 21 and older): DKK 100.-

Arctic Midnight Orienteering    Junior (age up to 20): DKK 75.-    Senior (age 21 and older): DKK 175.-

Gala Night (Fee excl. drinks)    Free of charge if you bring a dish to the common buffet.  
DKK 250,- for others.  
(Contact Event Centre for details).

## Closing date for signing up

Signing up until June 18 2019 on entry form (See the form on [www.iog.gl](http://www.iog.gl) ).

## Payment

Bank money transfer no later than June 18 2019 to:

GroenlandsBANKEN A/S

Postbox 1504

DK-3952 Ilulissat Greenland

Account no. 64717713735

Swiftcode: GRENLGX

IBAN no. GL 6464710007713735

Or by cash to the club.

**Any transfer fee related to the payment must be paid by the participant.**

## Late signing up

Signing up after June 18 2019 must DKK 50. - be added.

### **Start lists and instructions**

Will be posted at the Event Centre on June 25.

### **Rules for participation**

The event is open for all.

### **Awards**

Long distance:	Gold-, silver- and bronze medals in all course categories.
Sprint:	Gold-, silver- and bronze medals in all course categories.
Arctic Midnight Orienteering:	Awards to 3 best placed W and M in each course.

### **Award ceremonies**

Long distance:	Immediately after the run.
Sprint:	Immediately after the run.
Arctic Midnight Orienteering:	On Gala Night.

### **GALA NIGHT on Saturday, June 29**

For all participants, officials and friends.

Location: Will be announced in the Instruction.

The party begins at 6 pm and includes dinner, award ceremonies and various entertainment,

The party will be influenced by Greenlandic traditions.

Participant fee excl. drinks: Free of charge if you bring a dish to the common buffet, otherwise the participant fee is DKK 250.00 excl. drinks. (Contact Event Centre for details).

### **Event management**

Event manager and Course planners: Team consisting of experienced orienteer from IOG and from Denmark.

### **Additional Information**

Contact event manager:

E-mail: [iog.ilulissat@mail.dk](mailto:iog.ilulissat@mail.dk),

Homepage: [www.iog.gl](http://www.iog.gl)

Ilulissat Orienteering Greenland  
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