



The running areas are located at Ilulissat, where there is a view of Ilulissat Isfjord and Disko Bay. The terrain is open, hilly with free mountain, stone or mud overgrown with moss, crowberry, heather, grass, etc.

At the time of year, all hours of the day are bright. The temperature will typically be + 5 to + 15 0C.



AMO

Arctic Midnight Orienteering is an individual race in difficult and physically hard terrain. The race takes place in the light of the Arctic midnight sun in an almost untouched and magnificent nature without trees.

Event management and course planners consist of a team of experienced orienteering runners from IOG and Denmark.



IOG
ILULISSAT ORIENTEERING
GREENLAND

WWW.IOG.9NET.DK
[https://www.facebook.com/groups/](https://www.facebook.com/groups/206491496129103/)

[206491496129103/](https://www.facebook.com/groups/206491496129103/)

Mail: ilulissat_orienteering@outlook.com

ARCTIC MIDNIGHT ORIENTEERING ILULISSAT 26-29TH OF JUNE 2024



INVITATION for
orienteering festival in
magnificent Greenlandic
nature.

Combine orienteering with
unique nature experiences
such as tourist on foot, on the
water or from the air.

<https://visitgreenland.com/>





Registration rules

Long distance and sprint are classed as described with classes and course lengths. You can register for stronger class than the one you are entitled to.

Open courses do not count in the competition. It is an offer for everyone to participate in a less demanding course.

Arctic Midnight Orienteering (midnight race) has free choice of course. Two or more are allowed to run together. Children under 14 must run with adults.

Timing system

Sportident (SI). Own SI-stick is used. It is possible to rent SI-stick of IOG for DKK 20 to be used for all 3 races. Lost rental SI-stick are replaced with the cost of DKK 450.

Deadline for registration is June 18th, 2024. Use the registration form at www.iog.9net.dk.

Payment by June 19th, 2024 via transfer to IOG's account in the Greenland Bank:

GrønlandsBANKEN A/S
Postbox 1504
DK-3952 Ilulissat
Grønland
Account no: 6471 7713735
Swiftcode: GRENLGX
IBAN no: GL 6464710007713735

PROGRAMME THE 26-29TH OF JUNE 2024

Instruction, starting list and information about event sites, start and finish will be found on facebook page: Ilulissat Orienteering Greenland and at IOG's website www.iog.9net.dk.

For all three races, merging classes and courses may occur depending on the number of participants. Difficulty for children is easy / medium. Difficulty for Junior and Youth as well as the open course is the medium / difficult. Other classes are difficult. Assembly area, start and finish are stated in the instruction.

LONG DISTANCE:

DKK 175

The 26th of Juni - first start at 7 PM. The maps are produced on the basis of photogrammetry and continuously updated. Scale 1:10.000/1:7.500 with 5 meters contour interval.

Children	M/W -12	2 - 3 km	Senior	21-34	M: 7 - 9 km	W: 6 - 8 km
Junior	M/W 13-16	4 - 5 km	Senior	35-49	M: 6 - 8 km	W: 5 - 7 km
Youth	M/W 17-20	5 - 7 km	Senior	50-59	M: 5 - 7 km	W: 4 - 5 km
Free registration	M/W	5 - 7 km	Senior	60 +	M: 4 - 5 km	W: 3 - 4 km

SPRINT IN ILULISSAT BY:

DKK. 125

The 27th of Juni - first start at 7 PM. The maps are in 1: 4.000 with 2 meter contour interval.

Children	M/W -12	1,5 - 2,0 km	Senior	M/W 35-49	2,5 - 3,5 km
Junior	M/W 13-16	1,5 - 2,0 km	Senior	M/W 50-59	2,0 - 3,0 km
Youth	M/W 17-20	2,5 - 3,5 km	Senior	M/W 60 +	2,0 - 3,0 km
Senior	M/W 21-34	2,5 - 3,5 km	Free registration		1,5 - 2,0 km

ARCTIC MIDNIGHT ORIENTEERING: DKK. 200

The 28th of Juni - joint start at 11 PM. The maps are produced on the basis of photogrammetry and continuously updated. Scale 1:10.000 / 1:7.500 with 5 meters contour interval.

Course 1	Up to 15 km. - difficult	Climbing: Will be announced in the Instruction.
Course 2	Up to 10 km. - difficult	Climbing: Will be announced in the Instruction.
Course 3	Up to 5 km. - difficult	Climbing: Will be announced in the Instruction.

GALA NIGHT:

DKK. 250

The 29th of Juni at 6 PM. We meet for joint dining with a touch of Greenlandic traditions, awards ceremony, exchange of orienteering stories and experiences, etc. Bring your own drinks. More info at the assembly area.

